

## **All-Hazards Mental Health**

**For:** NJPCA & NJSORH

**BY:** Michael T. “Mick” Maurer, PhD, MHA

**Length:** 2 hours

### **Objectives by Module**

#### **Module 1 – New Jersey Natural Hazards**

1. Provide an overview of New Jersey’s natural hazards
2. Describe the major points Hazard = f(Risk, Exposure, Resistance, Resilience)
3. Describe examples of the Value of NJ experience to disaster policy making.

#### **MODULE 2 – Trauma & Psycho-Social Response to Disasters**

1. Describe the Population Exposure model.
2. List the major elements of Common Stress Reactions.
3. Describe how incidents can lead to Extreme Stress Reactions
4. Describe Crisis Counseling Programs for the Rural Community.
5. List the Key Concepts of Disaster Mental Health
6. Describe the role and ways to Minimize Stress during the Crisis—At the Scene.
7. Describe the role and ways to Minimize Stress for Workers after the Crisis.
8. Identify the basic Effect of FIRST Responder-Related PTSD on Children.
9. Know the key features of All-Hazards Mental Health.